



HYO Girls Softball Winter Workouts - 2009

Pitching Lessons: Girls fast pitch lessons given by Hauppauge Varsity Pitchers @ the Hauppauge High School Gym.

Who: Open to girls in grades K through 6
When: Sunday afternoons in January - March (*9 weeks*)
1:30-2:30pm OR 2:30-3:30pm
Cost: \$90.00 (9 one-hour lessons)

Lessons will fill up quickly so make sure you register early.


Perfect Holiday Gift!

Travel Team Workouts: If you are currently playing on one of our travel teams OR you are thinking about trying out for one, then don't miss this opportunity to train indoors with one of our coaches. There are three age groups that will be training for 9 weeks. 14U, 12U and 10U will all be training on Sunday afternoons in the main gym at Hauppauge High School.

Cost: \$90.00 (9 one-hour sessions)
When: Sunday afternoons in January - March (*9 weeks*)
U12 & U14 @ 1:30-2:30pm - U10 @ 2:30-3:30pm

Registration:

When: Mon., Jan. 12 5 to 8PM
Tues., Jan. 13 5 to 8PM
Wed., Jan. 14 5 to 8PM

Where: TD Bank's Hauppauge Branch 
(located on the corner of Route 111 and 347 directly across from McDonalds)

* Registration for the Spring HYO Girls Softball Season will also take place on these evenings.

*For more information and/or Registration Form, visit
<http://www.hyosoftball.com>*